Key Elements
Inflammatory Arthritis Model of Care

Recognizing Symptoms and Seeking Care

Patients should understand that inflammatory arthritis is not "just arthritis"—joint inflammation, pain and fatigue are hallmark symptoms.

Access to Specialist Care

Early identification, assessment and referral to appropriate specialists are essential steps in proper disease management.

Medical Management

The management of inflammatory arthritis is complex and requires consistent and frequent monitoring with an arthritis specialist to ensure effectiveness of treatment and care.

Shared Care

Treatment decisions should be made through agreement between the patient and the healthcare team. There must be adherence to the treatment plan including appropriate lifestyle changes.

Patient Self Care

The patient should be fully knowledgeable about their disease and the importance of closely following the treatment plan.

My joints started to feel stiff and painful so I made an appointment with my doctor.”
– Claire

“I have the help I need, when I need it”
– Liu

“When I notice significant changes in my disease I contact my specialist before things get worse”– Arjun

“Everyone on my healthcare team is on the same page— including me, I understand and agree with my treatment plan”– Sarah

“I have the knowledge, skills and resources to practice self-care”
– Geeta